

QPT®
Qualified Personal Trainer
Certification Program

at the
Jennifer Wade
Training Residence
Munich, Germany

Do you want to become a successful personal trainer?

If the answer is yes, then sign up today for the Jennifer Wade QPT® Certification Program.

What is the QPT® Certification Program?

The Jennifer Wade QPT® (Qualified Personal Trainer) Certification Program has been designed by fitness expert Jennifer Wade and is the result of 30 years experience working as a personal trainer. Jennifer Wade has been certifying personal training experts based upon high standards and her unique training techniques since 1995.

The Jennifer Wade QPT® Certification Program is a registered trademark which stands for quality in personal training. The program has achieved renown throughout Germany, Switzerland and Austria as a best in class education for personal trainers. With this certification you can put the finishing touches on your fitness or health qualifications and gain immediate advantage in positioning yourself as a personal trainer with a name that stands for quality and competency.

The Jennifer Wade QPT® Certification Program is carried out in small and personally selected groups of highly motivated fitness professionals. You will learn to master Jennifer Wade's innovative training systems: "KIK", "Touch Training" and "Making Muscle Move (M3)". In addition the program provides you with detailed instruction in sports medicine, nutrition, psychology, teaching, coaching, and motivation techniques. You will also receive Jennifer's advice about how to promote and run your own Jennifer Wade personal training business.

QPT® Makes a Difference

The QPT® Certification Program:

- is renowned in Europe as being one of the best available certifications for personal trainers
- is based upon Jennifer Wade's 30 years of vast experience and knowledge
- is carried out by a team of professionals including: physicians, alternative medicine experts, nutritionists and QPT® educators
- is convenient for working professionals as training modules take place on weekends only

QPT®'s:

- meet rigorous training standards and are hand-picked for their passion about personal training
- are able to train customers without any need for fitness machines or special equipment
- are able to tailor make training programs to suit the individual needs of their customers
- guarantee a thorough and professional supervision which takes into account all aspects of an individual's health (physical, mental and emotional)

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Are you looking to secure a 2nd source of income by working as a personal trainer on a part-time basis?

Are you a physical therapist interested in further education and expanding your qualifications?

The Facts About The QPT® Certification Program

- Pre-requisites*: Any form of basic fitness, sport or health care professional certification e.g. fitness trainer, aerobics instructor, nurse, physiotherapist, alternative medicine professional, medical assistant
- Course Format: The QPT® Certification Program is a 10 month course composed of 8 weekend modules. The final certification is awarded after successful completion of a final examination of both theory and training techniques
- Dates: Our next course starts February 4th - 7th, 2010.
- Cost: €3700,00 (excluding sales tax). Ask us about our financing

*If you do not fulfill the pre-requisites please call us.

QPT® Certification Program Dates 2010

Module 1	February 4 th – 7 th
Module 2	March 5 th – 7 th
Module 3	April 23 rd – 25 th
Module 4	June 11 th – 13 th
Module 5	July 23 rd – 25 th
Module 6	September 24 th – 26 th
Module 7	October 15 th – 17 th
Module 8	November 12 th – 14 th
Module 9: Final Exams	December 10 th – 12 th