

Personal Training expert Jennifer Wade launches her next QPT® Qualified Personal Trainer Certification Program in February 2010



Jennifer Wade and her Team

Those wishing to turn their love of sport into a new source of income have come to the right place. Jennifer Wade, renowned fitness expert and book author has developed a personal training certification program which has earned the reputation of being one of the best personal training certifications available on the market today.

During the 10-month certification program, the Jennifer Wade trainees learn in detail about personal training, fitness, nutrition, exercise testing and prescription, sports medicine and how to run their very own Jennifer Wade Personal Training business. The certification is awarded upon successful completion of a final examination of both theory and training techniques. Successful candidates then earn the right to call themselves a Jennifer Wade Qualified Personal Trainer® (QPT), a prestigious certification with a name that stands for quality and competency.

The QPT® Certification Program is a 10-month course composed of 8 modules. “In addition to learning my unique training techniques, my educators ensure that all QPT®’s leave the course well-versed in how to deal with customers, manage their time efficiently and effectively run a successful personal training business. QPT®’s are trained intensively to pay the utmost attention to detail and this is what really makes the difference,” states Wade. The QPT® Certification Program is carried out by a team of professionals including: physicians, alternative medicine experts, nutritionists and QPT® educators.

The QPT® Certification Program is the ideal certification program for individuals with fitness or health qualifications who wish to expand their services to include personal training. Jennifer Wade also offers a longer program for individuals who would like to become personal trainers but who have no prior health or fitness experience. The QPT® Certification is viewed by the industry as a stepping stone to career advancement. This reputable and well

known certification allows fitness and health professionals to expand their clientele and address the needs of more demanding customers who are serious about and willing to invest in their health and well-being such as top managers, career women, actors, models, and professional athletes.

Jennifer is an American who has over 30 years of experience working as a trainer. She is known as the pioneer of personal training in the German-speaking countries of Europe. In the 1990's she launched the QPT® Certification Program, the first of its kind in Germany. Several hundred health professionals across Europe have completed the Jennifer Wade QPT® certification program.

QPT® Certification Program Dates 2010:

Module 1(4 days)	February 4 th – 7 th
Module 2 (3 days)	March 5 th – 7 th
Module 3 (3 days)	April 23 rd – 25 th
Module 4 (3 days)	June 11 th – 13 th
Module 5 (3 days)	July 23 rd – 25 th
Module 6 (3 days)	September 24 th – 26 th
Module 7 (3 days)	October 15 th – 17 th
Module 8 (3 days)	November 12 th – 14 th
Final Exams (3 days)	December 10 th – 12 th

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Kommentar: Astrid die Termine in die Pressemitteilung sind anders als in das Flyer:23-25.04 oder 23.-25.03????

III. Modul 3 Tage 23.-25.03.2010

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Kommentar: Siehe Comment oben

For further information and Photos please visit the Jennifer Wade Website:
www.jenniferwade.de/Ausbildung

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